

MARTINA CAIRONI

Country: Italy

Date of Birth: 13/9/1989

Sport: Para Athletics

Discipline: 100m T63/Long jump T63



Sports Career

Paralympic Games : Gold medal in 2012, Gold medal in 2016, Silver medal

in 2016

World Championships : Gold medal in 2013 (2), Gold medal in 2015, Silver

medal in 2015, Gold medal in 2017 (2)

Why do you wish to become a member of the IPC Athletes' Council?

I wish to become a member of the IPC Athlete's Council to give my contribute to the IPC and to improve my abilities. I would like to give my point of view to solve any problems and give to the next generations of athletes more rights and equity.

Why do you wish to run for the IPC Athletes' Council?

I wish to run for the IPC Athletes' Council because it would be a great opportunity to exchange ideas with great person from all over the world and have an important role into the growth of the Paralympic Movement

What special skills, background and expertise will you bring to the IPC Athletes' Council?

My skills are in the field of communication. I learned how to be a leader in many situations, without ignoring the point of view of the others as it is very important to be able to mediate between different point of views.

How has sport impacted your life?

Sport has always been part of my life. After an accident at the age of 18, I lost my leg and sport became even more important for me, for my happiness. It helped me to feel me complete, confident and able again.

What is your vision for the IPC Athletes' Council?

My vision for IPC Athletes' Council is to be more participated: to involve more athletes in the discussions through constant questionaries for example.

Why is the athletes' voice important to you?

Athletes' voice is important because athletes are the cornerstone of the Movement, without them it couldn't exist.

What is the biggest challenge you have experienced as an athlete? How did you overcome it?

Be stopped for breaking doping rules was really hard for me: I overcome it explaining the truth and being strong day by day. Time helps to solve problems, but we surely need to act with honesty and determination.